



Des Moines Elementary Counseling Program

2nd Grade Expectations for Study Skills



What you can do to help your child at home

Focus areas

Activities

Organization	<ul style="list-style-type: none">◆ Practice by cleaning and organizing dresser drawers, kitchen cabinets, etc.◆ Sort toys into groups
Positive self-talk	<ul style="list-style-type: none">◆ Invite your child to make a thought bubble and write several positive things to think for times when he/she is frustrated

Contact your elementary counselor for more ideas.